
 **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact Insurance Management Services. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.imstpa.com](http://www.imstpa.com) or call 1-800-687-5944 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	In-Network Individual \$2,000; Family \$5,000/ Non-Network not covered. Deductible applies to all benefits except Preventive Care.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
<b>Are there services covered before you meet your deductible?</b>	Yes.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other deductibles for specific services?</b>	There are no other specific deductibles.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services. <b>Services for Inpatient Admissions, Outpatient Surgery, MRI's, PET/CT Scans, Transplants, Chemotherapy, and Dialysis must be Pre-certified with IMS at 1-800-687-5944.</b>
<b>What is the out-of-pocket limit for this plan?</b>	In-Network Individual \$6,000 Family \$12,000; Non-Network not covered	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
<b>What is not included in the out-of-pocket limit?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
<b>Will you pay less if you use a network provider?</b>	Yes. The Network is CIGNA. Visit <a href="http://www.imstpa.com">www.imstpa.com</a> or call 1-800-687-5944 for a list of <a href="#">participating providers</a> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
<b>Do you need a referral to see a specialist?</b>	No.	You can see the specialist you choose without permission from this Plan.

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**Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services**  
**Wellness Pointe Benefit Plan – IMS01 Plan**

**Coverage Period: 12/01/2021 – 11/30/2022**  
**Coverage for: Individual + Family | Plan Type: PPO**

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Your Cost If You use a Wellness Pointe Provider	Your Cost if you use any other Provider	Out-of-Network Provider	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	\$0 Co-Pay/ Visit	\$75 Co-Pay/ Visit	Not Covered	Participants living greater than 30 miles from a Wellness Pointe Provider will have a \$30 Co-pay for primary care services.
	<a href="#">Specialist</a> visit	\$0 Co-Pay/ Visit	\$95 Co-Pay/ Visit	Not Covered	None
	Other practitioner office visit	\$25 Co-Pay/ Visit Chiropractor \$50 Co-Pay/ Visit other practitioner		Not Covered	None
	<a href="#">Preventive care/screening/immunization</a>	No Charge		Not Covered	Network Benefits for preventive care that are payable at 100% of Eligible Expenses (without application of any Co-Payment, Co-insurance or deductible) and apply to the following: <ul style="list-style-type: none"> <li>Evidence based items or services that have in effect a rating of "A" or "B" in the current recommendations of the USPSTF.</li> <li>Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease control and Prevention.</li> </ul>
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	No Charge	25% Co-insurance	Not Covered	None
	Imaging (CT/PET scans, MRIs)	No Charge	25% Co-insurance	Not Covered	CT, PET scans & MRI must be Pre-certified with IMS at 1-800-687-5944.
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.caremark.com">www.caremark.com</a>	Generic drugs	\$20 / prescription (retail) \$60 / prescription (90 day retail & mail-order)			Covers up to a 30-day supply (retail prescription); 31-90 day supply (90 day retail and mail order prescriptions)
	Brand drugs	50% up to a maximum of \$300 (retail) 50% to \$500 maximum for (90 day retail or mail-order)			Out of Network Pharmacies are not covered.  The In-Network out-of-pocket includes the deductible, coinsurance, and copays for both the Medical and Rx benefits.
	<a href="#">Specialty drugs</a>	50% up to a maximum of \$500			Must be prior authorized and purchased at CVS Specialty Pharmacies.

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**Coverage for: Individual + Family | Plan Type: PPO**

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Your Cost If you use a Wellness Pointe Provider	Your Cost if you use any other Provider	Out-of-Network Provider	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	25% Co-insurance		Not Covered	Outpatient surgery must be Pre-certified with IMS at 1-800-687-5944.
	Physician/surgeon fees	25% Co-insurance		Not Covered	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$300 Co-Pay, Waived if Admitted			Non-Network ER only covered if true emergency and unable to obtain services at In-Network ER.
	<a href="#">Emergency medical transportation</a>	25% Co-insurance			None
	<a href="#">Urgent care</a>	\$135 Co-Pay/ Visit		Not Covered	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	25% Co-insurance		Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944.
	Physician/surgeon fees	25% Co-insurance		Not Covered	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$0 Co-Pay/ Visit	\$75 Co-Pay/ Visit	Not Covered	Other outpatient services other than office visit will be paid at regular benefits.
	Inpatient services	25% Co-insurance		Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944.
<b>If you are pregnant</b>	Office visits	\$0 Co-Pay/ Visit	\$100 Co-Pay/ Visit	Not Covered	Initial visit to determine pregnancy
	Childbirth/delivery professional services	20% Co-insurance	60% Co-insurance	Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944 for vaginal deliveries requiring more than a 48 hour stay/ cesarean section deliveries requiring more than a 96 hour stay.
	Childbirth/delivery facility services	25% Co-insurance		Not Covered	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	25% Co-insurance		Not Covered	60 visits per calendar year.
	<a href="#">Rehabilitation services</a>	25% Co-insurance		Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944. Limited to 35 visits per calendar year.
	<a href="#">Habilitation services</a>	25% Co-insurance		Not Covered	None
	<a href="#">Skilled nursing care</a>	25% Co-insurance		Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944. Limited to 25 days per calendar year.
	<a href="#">Durable medical equipment</a>	25% Co-insurance		Not Covered	None
	<a href="#">Hospice services</a>	25% Co-insurance		Not Covered	Inpatient Services must be Pre-certified with IMS at 1-800-687-5944.
<b>If your child needs dental or eye care</b>	Children's eye exam	\$0 Co-Pay	\$50 Co-Pay	Not Covered	Limited to one exam per year
	Children's glasses		Not Covered		Not Covered
	Children's dental check-up		Not Covered		Not Covered

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**Excluded Services & Other Covered Services:**

**Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"><li>• Acupuncture</li><li>• Bariatric Surgery</li><li>• Cosmetic Surgery</li><li>• Dental care (Adult) Covered under dental plan</li></ul> | <ul style="list-style-type: none"><li>• Infertility Treatments</li><li>• Long Term Care</li><li>• Non-emergency care when traveling outside the U.S.</li></ul> | <ul style="list-style-type: none"><li>• Private Duty Nursing</li><li>• Routine Eye care (Adult) Covered under vision plan</li><li>• Routine Foot Care</li><li>• Weight Loss Programs</li><li>• Hearing Aids</li></ul> |
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**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li>• Chiropractic Care</li></ul> | <ul style="list-style-type: none"><li>• Diabetic Education</li></ul> |
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**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-687-5944

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-687-5944

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-687-5944

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-687-5944

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist](#) [*cost sharing*] \$100
- Hospital (facility) [*cost sharing*] 25%
- Other [*cost sharing*] 25%

**This EXAMPLE event includes services like:**  
Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,731</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$2,000
Copayments	\$80
Coinsurance	\$3,100
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$5,240</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist](#) [*cost sharing*] \$100
- Hospital (facility) [*cost sharing*] 25%
- Other [*cost sharing*] 25%

**This EXAMPLE event includes services like:**  
Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,583</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$2,000
Copayments	\$620
Coinsurance	\$2,256
<i>What isn't covered</i>	
Limits or exclusions	\$55
<b>The total Joe would pay is</b>	<b>\$4,931</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist](#) [*cost sharing*] \$100
- Hospital (facility) [*cost sharing*] 25%
- Other [*cost sharing*] 25%

**This EXAMPLE event includes services like:**  
Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,925</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$806
Copayments	\$900
Coinsurance	\$269
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,974</b>