

Wellness Pointe Social Services Resource Directory

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Overview of Wellness Pointe

OUR MISSION

The mission of Wellness Pointe is to provide access to high quality medical, dental, and social services across the patient lifecycle without regard to insurance status or ability to pay.

Wellness Pointe's vision is to improve the physical, mental, and emotional wellness of those we serve, creating healthier people, happier families, and stronger communities. Wellness Pointe is a Federally Qualified Health Center that provides medical, dental, behavioral, vision care, as well as other enabling services as well as a wide range of social services. The Social Services Division consists of various programs focused on addressing needs of the community. These services are designed to address diverse issues amongst many individuals and families. These programs are strategically developed in response to community concerns and are research-based interventions implemented with trained staff. Services offered includes parenting, substance abuse prevention education, outpatient substance abuse treatment, early childhood development, adoption education, maternal and child health care, supplemental nutrition program for Women, Infants and Children, home visiting, case management, and linkage to support services.



Social Services Office Locations

Longview:

Community Connections Bldg.

501 Pine Tree Rd. Longview, Texas 75601 *All programs

Wellness Pointe - Main Campus Bld #2

Outpatient Substance Abuse Treatment 1107 East Marshall Ave. Longview, Texas 75601 (903) 758-26 10 Extension **4674**

Marshall Location:

2904 Victory Drive Marshall, Texas 75672 (903) 212-5055 or (903) 758-0260

Tyler Location:

Fountain Square 401 East Front Street, **Suite #133** Tyler, Texas 75701 (903) 230-5258

WIC Locations:

Longview Location 2430 S. High St. Suite C3 Longview, Texas 75602 (903) 758-2610 Extension 4835

Kilgore Location

1711 S. Henderson Blvd. **Suite 500** Kilgore, Texas 75662 (903) 758-2610 Extension **4855**

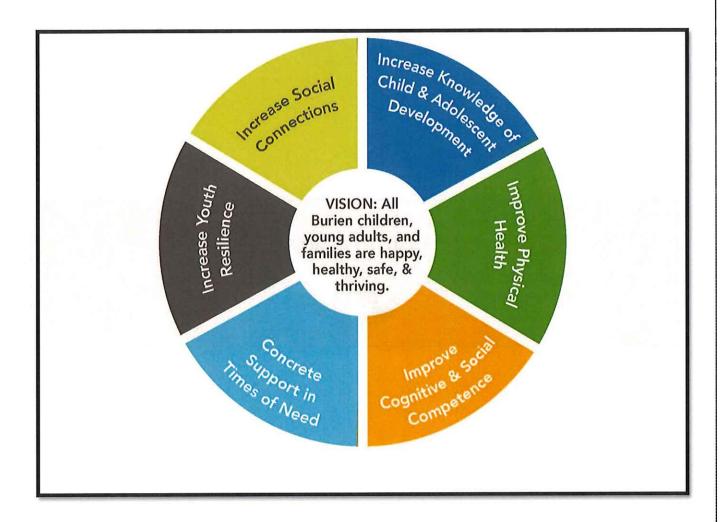








Our Social Services framework for the community of East Texas is to provide comprehensive services focused on educating and supporting individuals and families to achieve healthier lives.



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A2A Pregnancy Resource Services

A2A- Alternatives to Abortion Program Provide a network of services that promote childbirth and supports a woman and her family in the early years of raising a baby.

Goal to improve child health and development by helping parents provide responsible and competent care for their children; to improve families' economic self-sufficiency by helping parents continue their education and find a job.

Focus Area of Services:

- Pregnancy resources adoption counseling abortion education housing support mental health counseling employment readiness mentoring life skills baby supplies
- parenting education



Case Coordination Services

- Assist with short term crisis related to shelter; food; housing; utilities
- Employment readiness and Job Skills Development
- · Assistance accessing SNAP, WIC, TANF



Counseling and Mentoring Services

- One-on-one support
- Educational classes- (Prengnacy; Adoption; Abortion; Life Skills)
- Job Readinesson pregnancy; parenting, adoption; life skills; and employment readiness



Assistance with Non-Medical Goods

- Baby Formula; Baby Food
- Baby Clothes; Diapers; Baby Seat
- Maternity Clothes



Referrals

 Linkage to other supportive community resources such as housing; food; emergency shelter; crisis support; etc.

A2A Pregnancy Resource Services

Service Area: Gregg, Smith, Upshur, Titus, and Harrison Counties

<u>Eligibility for Services:</u> Texas residents who are pregnant and unsure of whether to have the child. Client services must also assist families and adoptive parents in raising a child and assist individuals who experience a loss of a child. The following are eligibility criteria for client services of A2A:

- The biological father or mother of an unborn child; OR
- The biological father or mother of a child up to 3 years post-partum; OR
- The parents, legal guardians, and Adult Caregivers of a minor who is a program client; OR
- The parents 90 calendar days after miscarriage or loss of a child (counseling, referrals, and other relevant services); OR
- The adoptive parents up to 2 years post adoption finalization, regardless of the age of the child.

How To Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax

Program Name	Contact Person and Information
Administrative Assistant	Lorena Berrospe Office Contact: (903) 230-5305 Cell Phone: (903) 738-6710 Fax: (903) 212-7692 Email: Lorena.Berrospe@wellnesspointe.org Office located at Community Connections in Pine Tree- Suite (G3) & (G8) www.wellnesspointe.org/socialservices.
A2A	Paula Wallace – Social Services Director
	Office Contact: (903) 230-5258 or (903) 758-2610 ext 5258 Fax: (903) 212-7692 Email: Paula.Wallace@wellnesspointe.org Office located at Community Connections in Pine Tree www.wellnesspointe.org/socialservices.

PADREs Services

Parenting Awareness and Drug Risk Education Services (PADREs) for at-risk families provides community support for mothers and fathers with substance use disorders; or who are at risk of developing substance use disorders to assist the family to thrive.

GOAL To provide a planned and coordinated educational approach to decrease the effects of substance use within the family and to increase access to community resources and evidenced-based education.

Focus Areas:

●Substance Misuse • ATOD • Self-Esteem • strengthening families • parenting skills • positive youth development • child abuse prevention • child neglect prevention • child and adolescent development • linkage to community supportive



Case Coordination Services

- Assist with short term crisis related to shelter; food; housing
- · Assistance accessing SNAP, WIC, TANF
- Coordinate Transportation for medical appointments; court
- One-on-One Support
- Assist with baby food; diapers; baby clothes



Parenting Education Services

- · One-on-one and group parenting sessions
- Educational classes- (Parenting; Drug Abuse; Substance Exposed Pregnncies;
 Child Abuse Prevention; Domestic Violence; CPS parenting requirements)
- Father-focused classes



Referrals

 Provide referrals to other community resources – substance abuse treatment, mental health counseling; legal counsel; housing; support groups; and child welfare and family services.

PADREs Services Continued

Eligibility for Services:

- Parents including single mothers OR fathers who are Texas residents with a child up to 6 years old.
- Expectant parents who have one or more risk factors for a substance use disorder as identified in the PADREs Screening.
- Expectant parents and/or parents who are concurrently admitted to substance use disorder treatment programs.
- Open CPS case or Family Court
- Experiencing homelessness; domestic violence; mental health issues;

<u>Service Area:</u> Services are provided in *Gregg, Smith, Harrison, Upshur, Marion, Rusk, Wood, Anderson, Panola, Van Zandt, and Henderson Counties.*

Parenting Awareness and Drug Risk Education Services (PADRES) provides community-based intervention outreach services and education to people who are childbearing age to decrease the impact of substance use.

Services/Intervention include:

- Talking with the parents about their needs and their children's needs.
- Parental education classes.
- Home Visits
- Assistance with transportation
- Recommending community services that can assist parents and their children.
- Outreach activities
- Pregnancy tests
- Helping parents get needed services and supplies.
- Parenting education. Topics Include:
 - Tobacco Cessation
 - Risk reduction
 - Infant and/or child safety guidelines
 - Fetal and/or child development
 - Family Violence and safety planning
 - Pregnancy and reproductive health
 - Substance exposed pregnancy education
 - Communicable Disease

PADREs Services Continued

How To Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax

Program Name	Contact Person and Information
PADRE Program Manager	Joyce Weiss
	Office Contact: (903) 212-4679 or EXT 4679
	Cell Phone: (903) 738-3503
	Fax: (903) 212-7692
	Email: Joyce.Weiss@wellnesspointe.org
	Office located at Community Connections in Pine Tree (G6)
	www.wellnesspointe.org/socialservices.
PADRE Staff	Rebecca Weatherford
	Office Contact: (903) 212- 4663 or EXT 4663
	Cell Phone: (903) 268-5487
	Email: Rebecca.Weatherford@wellnesspointe.org
	Office located at Community Connections in Pine Tree (G6)
	Lesia Manning
	Office Contact: (903) 212-5053 or EXT 5053
	Cell Phone: (903) 422-6997
	Email: Lesia.Manning@wellnesspointe.org
	Tyler location in Suite 133
	Miriam Monsivias (Bi-Lingual)
	Office Contact: (903) 212-4663
	Cell Phone: (903) 918-9427
	Email: Miriam.Monsivias@wellnessspointe.org
	Office located at Community Connections in Pine Tree (G6)

Substance Abuse Prevention Services

Substance Abuse Prevention Youth Universal Prevention (YPU) services that promote a proactive process to address health and wellness for youth, families, and communities by enhancing protective factors that increase knowledge, skills, and attitudes for making healthy choices. Universal prevention strategies may target schools, workplaces, or whole communities

Too Good For Drugs School and Community Based evidence-based curricula.

Focus Area of Services: Focus Areas:

Substance Misuse ● ATOD ● Self-Esteem ●strengthening families ● parenting ● positive youth development ● child abuse prevention ● child neglect prevention ● child and adolescent development ● school based services ● community based services ● community



School Sites and Community Site Services

- Too Good for Drugs curriculum to provide education on alcohol, tobacco and other drugs for ten weeks in local schools for youth ages 6 and up.
- Education Presentations on substance use/misuse



Services

- Prevention Education to teach youth and adults important social skills. Such as resisting
 pressure to use drugs, looking at the intent behind advertising, or developing other skills used in
 making healthy choices.
- Information Dissemination to communicate positive messages via informational materials or media (soical media; billboards; PSAs)
- Postivie Alternatives (Actviities) These alcohol and drug-free activities are provided with the
 intent to help people, particularly young people, stay away from situations that encourage use of
 alcohol, tobacco or other drugs.
- Referrals- To supportive community resources based on expressed need.



Community Partnerships

- Partner with local school districts; after school programs; summer programs; faith-based organizations; and other community organizations to provide linkage to community resources.
- Representative on community coalitions to address disparities and prevent substance use.

Substance Abuse Prevention Services

Eligibility for services:

- -All youth ages 6 to 18 or Kindergarten to 12th grade.
- -Parents, grandparents, guardians, and siblings of the youth participants.

<u>Service Area:</u> Services are provided in the following counties at local schools, afterschool programs, faith-based organizations, shelters, and juvenile detention facilities. **Service Areas:** Gregg, Smith, Harrison, Upshur, Marion, Rusk, Wood, Anderson, Panola, Van Zandt, Henderson).

How to access services or get more information:

Anyone can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Program Name	Contact Person and Information
Youth Substance Abuse Prevention	Too Good For Drugs
Program Lead	Tyronda Jones Office Contact: (903) 212- 4657 or (903) 758-2610 Cell Phone: (903) 235-5990 Fax: (903) 212-7692 Email: Tyronda.Jones@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3) www.wellnesspointe.org/socialservices.
YPU Staff	Michelle Starling Office Contact: (903) 212- 4661 or (903) 758-0260 Email: Michelle.Starling@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Cameo Campbell Office Contact: (903) 212-4664 Email: Cameo.Campbell@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Janet Splawn Office Contact: (903) 212-4666 Email: Janet.Splawn@wellnessspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Joynella Thomas Office Contact: (903) 212-4651 Email: Joynella.Thomas@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)

Substance Abuse Prevention Services - Positive Action

<u>Substance Abuse Prevention Youth Prevention Selective (Positive Action)</u> - Selective prevention programs promote a proactive process to address and promote the health and wellness of individuals, families, and communities by enhancing protective factors and by averting factors that place an individual at risk for substance abuse. This program type is designed to target individuals whose risk of developing a substance use or abuse disorder is significantly higher than average. **Positive Action** School and Community Based evidence-based curricula.

Focus Area of Services:

- Substance Misuse ATOD Self-Esteem strengthening families •parenting positive youth development
- child abuse prevention child neglect prevention child and adolescent development school based services
- community based services



School Sites and Community Site Services

- Positive Action curriculum to provide education on alcohol, tobacco and other drugs for seven to ten weeks in local schools for youth ages 6 and up.
- Education Presentations on substance use/misuse



Services

- Prevention Education to teach youth and adults important social skills. Such as resisting
 pressure to use drugs, looking at the intent behind advertising, or developing other skills used
 in making healthy choices.
- Information Dissemination to communicate positive messages via informational materials or media (soical media; billboards; PSAs)
- Postivie Alternatives (Actviities) These alcohol and drug-free activities are provided with
 the intent to help people, particularly young people, stay away from situations that encourage
 use of alcohol, tobacco or other drugs.
- Referrals- To supportive community resources based on expressed need.



Community Partnerships

- Partner with local school districts; after school programs; summer programs; faithbased o rganizations; and other community organizations to provide linkage to community resources.
- Representative on community coalitions to address disparities and prevent substance use.

Substance Abuse Prevention Services Continued – Positive Action

Eligibility for services:

All youth ages 6 to 18 or Kindergarten to 12th grade who are at risk for substance use and misuse.

- Academic failure
- Suspected alcohol, tobacco, or other drugs misuse
- Truancy
- Suspected juvenile delinquency

Parents, grandparents, guardians, and siblings of the youth are also eligible to participate in program services.

<u>Service Area:</u> Services are provided in the following counties at local schools, afterschool programs, faith-based organizations, shelters, and juvenile detention facilities. **Service Areas:** Gregg, Smith, Harrison, Upshur, Marion, Rusk, Wood, Anderson, Panola, Van Zandt, Henderson).

How to access services?

Can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Contact Person and Information
Positive Action
Office Contact: (903) 212-4657 or (903) 758-2610 ext 4657 Cell Phone: (903) 235-5990
Fax: (903) 212-7692
Email: Tyronda.Jones@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
www.wellnesspointe.org/socialservices.
Michelle Starling
Office Contact: (903) 212- 4661 or (903) 758-0260
Email: Michelle.Starling@wellnesspointe.org
Office located at Community Connections in Pine Tree (G2; U5; U3)
Deborah McAfee
Office Contact: (903) 212- 5055 or (903) 758-0260
Email: Deborah.McAfee@wellnesspointe.org
*Marshall Location
Ashley Hall
Office Contact: (903) 212-4678
Email: Ashley.Hall@wellnesspointe.org
Office located at Community Connections in Pine Tree (G2; U5; U3)
Kimlyn Williams Taylor Office Contact: (903) 212-5054
Email: Kimlyn.Williams-Taylor@wellnessspointe.org
Office located at Community Connections in Pine Tree (G2; U5; U3)

Substance Abuse Prevention Services – Strengthening Families

Youth Prevention Indicated (Strengthening Families) - Services that promote a proactive process to address health and wellness for youth, families, and communities by enhancing protective factors that increase knowledge, skills, and attitudes for making healthy choices.

<u>PURPOSE</u> Family-Focused program aimed to engage the family unit. To increase protective factors and reduce risk factors that lead to both substance use and youth depression. The program is designed to have both parents and child to practice skills that involve bonding; setting boundaries; and monitoring their child's emotional well-being and activities to support them to thrive at school and home.

Focus Areas:

Substance Misuse • ATOD • Self-Esteem • strengthening families • parenting •positive youth development • child abuse prevention • child neglect prevention • child and adolescent development • school based-services • community based services



School Sites and Community Site Services

- Strengthening Families curriculum to provides education on alcohol, tobacco and other drugs for seven to 14 weeks in local schools for youth ages 6 and up.
- Education Presentations on substance use/misuse



Services

- Parenting/Family Sessions Use of Strengthening Families curriculum to provide parenting
 education on alcohol, tobacco and other drugs for 14 weeks in local schools for youth ages
 6 and up. Each weekly session is (2) hours and parents/guardians must participate in
 weekly sessions. Topics include communication with love; positive discipline; stress &
 anger management skills; successful parenting. Families are feed a meal during the
 weekly sessions.
- Information Dissemination to communicate positive messages via informational materials or media (soical media; billboards; PSAs)
- Postivie Alternatives (Actviities) These alcohol and drug-free activities are provided with
 the intent to help people, particularly young people, stay away from situations that
 encourage use of alcohol, tobacco or other drugs.
- Referrals To supportive community resources based on expressed need.



Community Partnerships

- Partner with local school districts; after school programs; summer programs; faith-based organizations; and other community organizations to provide linkage to community resources.
- Representative on community coalitions to address disparities and prevent substance use.

Substance Abuse Services Continued- Strengthening Families

Eligibility for services:

- Youth ages 6 to 18 or Kindergarten to 12th grade. 10 thru 18 (or youth up to age 18) that may be experience the following:
 - Signs of substance use and misuse
 - o Shows early signs of substance use and misuse
 - Juvenile delinquency
 - Open case with child protective services
 - Family discord
 - Poor parent/child engagement and/or communication
- Parents, grandparents, guardians, and siblings of youth participants

<u>Service Area:</u> Services are provided in the following counties at local schools, afterschool programs, faith-based organizations, shelters, and juvenile detention facilities. *Service Areas:* Gregg, Smith, Harrison, Upshur, Marion, Rusk, Wood, Anderson, Panola, Van Zandt, Henderson).

How to access services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Program Name	Contact Information
	Strengthening Families Contacts
Program Lead- Tyronda Jones	Office Contact: (903) 212- 4657 or (903) 758-2610 ext 4657 Cell Phone: (903) 235-5990 Fax: (903) 212-7692 Email: Tyronda.Jones@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3) www.wellnesspointe.org/socialservices.
YPI Staff	Michelle Starling Office Contact: (903) 212- 4661 or (903) 758-0260 Email: Michelle.Starling@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Patricia Fuller Office Contact: (903) 230-5240 Email: Patricia.Fuller@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Carolina Ruballos Office Contact: (903) 212-4688 Email: Carolina.Ruiz@wellnessspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)
	Sherol Allen Office Contact: (903) 212- 4664 Email: Sherol.Allen@wellnesspointe.org Office located at Community Connections in Pine Tree (G2; U5; U3)

WP Social Services Resource Directory 2020-2021 Texas Home Visiting Good People • Great Parents

Texas Home Visiting Services -Nurse Family Partnership

Texas Home Visiting Program -Maternal Infant Early Childhood Home Visiting (MIECHV) is a federal grant that supports a program of three-tiered research-based home visiting services. They are Nurse-Family Partnership (NFP); **and/or** Parents as Teachers (PAT); **and/or** Home Instruction for Parents of Preschool Youngsters (HIPPY).

<u>Purpose</u> - Texas Home Visiting grant program is to support and enhance maternal child health, parent child attachment, child development, child safety, family stability, and school readiness in eligible communities. The Texas Home Visiting grant program seeks to improve maternal child health, parent child attachment, child development, child safety, family stability, and school readiness. Wellness Pointe site offers the following (3) programs that a family may enroll based on their family needs:

- (1) Nurse-Family Partnership (NFP)
- (2) Home Instruction for Parents of Preschool Youngsters (HIPPY)
- (3) Parents As Teachers (PAT)* subcontractor

Focus AreasFocus Area:

- Maternal and Child Health ◆ Prenatal Care ◆ Home Visits ◆ Child Development ◆Parenting
- School Readiness



Nurse Family Parternship (NFP) Services

- Focuses on first-time, low-income mothers
- Promotes and teaches positive health and development behaviors between a mother and her baby.
- Registered Professional Licensed Nurses providing one-on-one home visits that are
 designed to improve prenatal and maternal health and birth outcomes; child health and
 development.
- Visits can begin before the 28th week of gestation and when the woman's child turns 2 years of age.



Home Services

- · Weekly scheduled one-on-one home visists with RN
- Educational support(Parenting; child development; prenatal care; post partum depression; child immunization; domestic violence; proper infant care; breastfeeding)
- Prevention of Child Abuse with stress management techniques



Referrals

Provide referrals to other community resources – medical referrals for mother and child ● mental health counseling ● legal counsel ● housing ●support groups ● child welfare and family services.

Nurse Family Partnership Continued

Eligibility for Services:

NFP – Requires mom to be pregnant with 1st child and within 28 weeks of pregnancy.

How to Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Program Name	Contact Person and Information
Nurse Family Partnership Supervisor- Jessica Garner	Office Contact: (903) 230-5298 Cell Phone: (903) 738-0465 Email: Jessica.Garner@wellnesspointe.org Office located at Community Connections in Pine Tree (G8) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
Administrative Assistant	Lorena Berrospe Office Contact: (903) 230-5305 Cell Phone: (903) 738-6710 Email: Lorena.Berrospe@wellnesspointe.org Office located at Community Connections in Pine Tree (G8) & G3) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
NFP Home Visitors	Talisha Allison Office Contact: (903) 230-5296 Cell Phone: (903) 738-5855 Email: Talisha.Allison@wellnesspointe.org Office located at Community Connections in Pine Tree (G8) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition Marilyn Lee Babbitt Office Contact: (903) 230-5269 Cell Phone: (903) 738-0566 Email: Marilyn.Babbitt@wellnesspointe.org Office located at Community Connections in Pine Tree (G8) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
	April Benson Office Contact: (903) 230-5276 Cell Phone: (903) 738-5688 Email: April.Benson@wellnesspointe.org Office located at Community Connections in Pine Tree (G8) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition Marsha Lewis Office Contact: (903) 230-5266 Cell Phone: (903) 932-7277 Marsha.Lewis@wellnesspointe.org

Texas Home Visiting Services- Home Instruction for Parents of Preschool Youngsters (HIPPY)

Focus AreasFocus Area: • Maternal and Child Health • Child Abuse Prevention • Home Visits • Child Development • Parenting • School Readiness



Home Instruction for Parents of Preschool Youngsters (HIPPY) Services

- HIPPY is a highly structured school readiness program designed to empower parents as their child's first teacher and prepare them for early success in school and Developmentally appropriate.
- Focuses on letter recognition; phonological awareness; language development; problem-solving; and congnition-based.



Home Services

- Weekly scheduled one-on-one home visists with HIPPY Home Visitors
- Weekly home visits and monthly group meetings
- Role play as method of instruction
- Family Celebrations and fun activities
- Prevention of Child Abuse with stress management techniques



Referrals

•Provide referrals to other community resources – medical referrals for mother and child; mental health counseling; legal counsel; housing; support groups; and child welfare and family services.

Texas Home Visiting Services Continued-HIPPY

Eligibility for Services:

HIPPY – Must have child age 3 to 5 years of age. Parents with children ages 3 through 4
 *(Must be required age on or before the new cycle of September 1st)

How to Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Program Name	Contact Person and Information
Home Instruction for Parents of Pre- School Youngsters (HIPPY) Program Manager	Kelly Pruitt Office Number (903) 212-4659 or (903) 758-2610 ext 4659 Cell Phone: (903) 746-8591 Email: Kelly.Pruitt@wellnesspointe.org Office located at Community Connections in Pine Tree (U2) www.wellnesspointe.org/family/my-family-bridge-coalition
HIPPY Program Coordinator	Kristen Ray Office Number: (903) 212-4670 or (903) 758-2610 ext 4670 Email: Kristen.Ray@wellnesspointe.org Office located at Community Connections in Pine Tree (U2) www.wellnesspointe.org/family/my-family-bridge-coalition
Enrollment Coordinator	Erika Torres Office Contact: (903) 212-4668 Email: Erika.Torres@wellnesspointe.org Office located at Community Connections in Pine Tree (U4) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
Data Entry Coordinator	Herminia Martinez Office Contact: (903) 212- 4795 Cell: (903) 261-1171 Email: Herminia.Martinez@wellnesspointe.org Office located at Community Connections in Pine Tree (U4) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
HIPPY Home Visitors	Simona Perdue Office Contact: (903) 212-4669 Email: Simona.perdue@wellnesspointe.org Office located at Community Connections in Pine Tree (U4) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition Yulisa Salinas Office: (903) 212-4667 Email: Yulisa.Salinas@wellnesspointe.org Office located at Community Connections in Pine Tree (U4) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition Maria Muniz
	Office Contact: (903) 212-4582 Email: Maria.Muniz@wellnesspointe.org Office located at Community Connections in Pine Tree (U4) www.wellnesspointe.org/family-bridge/my-family-bridge-coalition

Texas Home Visiting Program -Parents As Teachers (PAT)

Focus AreasFocus Area: • Maternal and Child Health • Child Abuse Prevention • Home Visits • Child Development • Parenting • School Readiness



Parents As Teachers (PAT) Services

- Designed for parents who have doubts about or lack confidence in their ability to instruct their children and prepare them for school.
- Model aims to increase parent knowledge of early childhood development and improve parenting practices; to provide early detection of detection of developmental delays and health issues; prevent child abuse and neglect; and increase children's school readiness and school.
- Serves families from *pregnancy* through *kindergarten* entry.



Home Services

- Weekly scheduled one-on-one home visists with PAT Home Visitors
- Weekly home visits and monthly group meetings
- Health and developmental screenings
- Family celebrations and fun activities
- Prevention of Child Abuse with stress management techniques



Referrals

 Provide referrals to other community resources – medical referrals for mother and child; mental health counseling; legal counsel; housing; support groups; and child welfare and family services.

Texas Home Visiting Services Continued- Parents As Teachers (PAT)

Eligiblity for Services:

• PAT – Must be pregnant or child up to 6 years of age.

How to Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax.

Program Name	Contact Person and Information
Enrollment Coordinator	Erika Torres Office Contact: (903) 212-4668 Email: Erika.Torres@wellnesspointe.org Office located at Community Connections in Pine Tree Suite U4 www.wellnesspointe.org/family-bridge/my-family-bridge-coalition
Parents As Teachers – PAT Community Health Core Program	Shawn Longoria Office Contact: (903)237-2398
Manager	Email: shawn.longoria@communityhealthcore.com Office located at Community Health Core, Longview, TX www.wellnesspointe.org/family/my-family-bridge-coalition

WP Social Services Resource Directory 2020-2021

Services: Outpatient Substance Abuse Treatment Services



Outpatient Treatment Services Youth and Adolescents

Outpatient Treatment Services for Youth - (TRY) are provided to individuals with SUD (Substance Use Disorder), who do not need to live at a facility to maintain sobriety, counseling, education and support services. It is provided by licensed professional clinicians.

<u>Purpose:</u> To provide LEVEL 1 – 90 Day Outpatient treatment services that facilitate recovery from substance abuse and dependence to clients who do not require a more structured environment such as residential services to achieve abstinence and meet treatment goals.

Focus Areas: ●Substance Abuse Treatment ● Alcohol, Marijuana ● Opiates ●Tobacco ● Methamphetamines● Crack ●Cocaine ●Prescription Dugs ● Recovery and Maintenance ●Court Ordered



90 Day Outpatient Treatment

- Screenings for eligiblity and appropriateness of services (confidential face-to-face intakes)
- Assessments to determine the appropriate levels of care for SUD treatment
- Treatment Planning with clients and family to identify services and support needed to address problems and needs identified in the assessment.
- Discharge Planning- Individualized discharge plan with the client to assist in sustaining recovery.
- Discharge Follow Up Within 60 days of discharge.



Services Available

- Education- Overdose; STI; Hepatitis; Tobacco Cessation; Risk Reduction; Trauma Informed Care; COPD
- Weekly Individual Counseling Session
- Weekly Group Counseling sessions
- Drug Screenings
- Home Visits



Referrals

 Referrals to appropriate community resources based on the individual need of the client. Including mental health counseling; legal counsel; medical care; housing; support groups; and child welfare and family services

Outpatient Treatment Services Continued-Youth and Adolescents

<u>Eligibility for Services:</u> Any youth ages 12 to 18 who reside in Texas and meet criteria for SUD services and who meet *The Diagnostic and Statistical Manual of Mental Disorders, Volume 4, Text Revisions (DSM-IV-TR)* criteria for substance abuse or dependence diagnoses. However; there are *priority populations* within Outpatient Treatment Services whom must be admitted immediately. These are:

- Pregnant injecting individuals must be admitted immediately
- Injecting Drug Users must be admitted within 14 days of referral

Eligibility and enrollment into services will determined by Client Eligibility; Clinical Eligibility; and Program Eligibility under the facilities approved licensure. Services and schedules for TRA, TRY, & TRF will be structured specifically for the targeted populations served.

<u>Service Area:</u> Services are provided at licensed sites of Wellness Pointe in Longview and Marshall. **Region 4**: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Risk, Smith, Titus, Upshur, Van Zandt, Wood.

How To Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax

Program Name	Contact Person and Information
Outpatient Treatment Services- Youth/Adults/Specialized Female	Clinical Program Staff Louis Johnston
	Office Contact: (903) 212-4674 or (903) 758-2610 ext 4674 Fax: (903) 247-5002 or (903) 248-9139 Email: Louis.Johnston@wellnesspointe.org Office located at Wellness Pointe main campus:
Outpatient Treatment Services-	1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices. Clinical Program Staff– Krystal Fetting
Youth/Adults/Specialized Female	Omnoul Program Stan - Krystar Fetting
res diverse and program same conference and service and service and service and service an	Office Contact: (903) 212-4673 or (903) 758-2610 ext 4673 Fax: (903) 247-5002 or (903) 248-9139 Email: Krystal.Fetting@wellnesspointe.org Office located at Wellness Pointe main campus: 1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices.

Outpatient Treatment Services Adult

Outpatient Treatment Services for Adults

<u>Purpose:</u> To provide LEVEL 1 - 90 Day Outpatient treatment services that facilitate recovery from substance abuse and dependence to clients who do not require a more structured environment such as residential services to achieve

Focus Areas: ● Substance Abuse Treatment ● Alcohol, Marijuana ● Opiates ● Tobacco ● Methamphetamines ● Crack ● Cocaine ● Prescription Dugs ● Recovery and Maintenance ● Court Ordered



90 Day Outpatient Treatment

- Screenings for eligiblity and appropriateness of services (confidential face-to-face intakes)
- Assessments to determine the appropriate levels of care for SUD treatment
- Treatment Planning with clients and family to identify services and support needed to address problems and needs identified in the assessment.
- Discharge Planning- Individualized discharge plan with the client to assist in sustaining recovery.
- Discharge Follow Up Within 60 days of discharge.



Services Available

- Education- Overdose; STI; Hepatitis; Tobacco Cessation; Risk Reduction; Trauma Informed Care; COPD
- Weekly Individual Counseling Session
- Weekly Group Counseling sessions
- Drug Screenings



Referrals

 Referrals to appropriate community resources based on the individual need of the client. Including mental health counseling; legal counsel; medical care; housing; support groups; and child welfare and family services.

Outpatient Treatment Services Continued Adults

Eligibility for Services:

Outpatient Treatment for Adults (TRA) - Adult 18 and up male or female.

- Texas residents who meet criteria for SUD services and who meet The Diagnostic and Statistical Manual of Mental Disorders, Volume 4, Text Revisions (DSM-IV-TR) criteria for substance abuse or dependence diagnoses.
- *Priority populations* within Outpatient Treatment Services whom must be admitted immediately. These are:
 - o Pregnant injecting individuals must be admitted immediately
 - o Injecting Drug Users must be admitted within 14 days of referral

Eligibility and enrollment into services will determined by *Client Eligibility; Clinical Eligibility*; and *Program Eligibility* under the facilities approved licensure. Services and schedules for *TRA*, *TRY*, & *TRF* will be structured specifically for the targeted populations served.

<u>Service Area:</u> Services are provided at licensed sites of Wellness Pointe in Longview and Marshall. **Region 4**: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Risk, Smith, Titus, Upshur, Van Zandt, Wood.

How To Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax

Program Name	Contact Person and Information
Outpatient Treatment Services- Youth/Adults/Specialized Female	Clinical Program Staff– Louis Johnston
	Office Contact: (903) 212-4674 or (903) 758-2610 ext 4674 Fax: (903) 248-9139
	Email: Louis.Johnston@wellnesspointe.org Office located at Wellness Pointe main campus: 1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices.
Outpatient Treatment Services- Youth/Adults/Specialized Female	Clinical Program Staff– Krystal Fetting
	Office Contact: (903) 212-4673 or (903) 758-2610 ext 4673 Fax: (903) 248-9139 Email: Krystal.Fetting@wellnesspointe.org Office located at Wellness Pointe main campus: 1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices.

Outpatient Treatment Services- Specialized Females

Outpatient Treatment for Specialized Females (TRF)

<u>Purpose:</u> To provide LEVEL 1 – 90 Day Outpatient treatment services that facilitate recovery from substance abuse and dependence to clients who do not require a more structured environment such as residential services to achieve abstinence and meet treatment goals.

Focus Areas: Substance Abuse Treatment; Alcohol, Marijuana; Opiates; Tobacco; Methamphetamines; Crack; Cocaine; Prescription Dugs; Recovery and Maintenance; Court Ordered



90 Day Outpatient Treatment

- Screenings for eligibility and appropriateness of services (confidential face-to-face intakes)
- Assessments to determine the appropriate levels of care for SUD treatment
- Treatment Planning with clients and family to identify services and support needed to address problems and needs identified in the assessment.
- Discharge Planning- Individualized discharge plan with the client to assist in sustaining

recovery.

• Discharge Follow Up - Within 60 days of discharge.



Services Available

- Education- Overdose; STI; Hepatitis; Tobacco Cessation; Risk Reduction; Trauma Informed Care; COPD
- Weekly Individual Counseling Session
- · Weekly Group Counseling sessions
- Drug Screenings



Referrals

Referrals to appropriate community resources based on the individual need of the client.
 Including mental health counseling; legal counsel; medical care; housing; support groups; and child welfare and family services

Outpatient Treatment Services Continued - Specialized Females

Eligibility For Services:

Outpatient Treatment for Specialized Females- (TRF) – Adult/Youth pregnant women and women with Dependent Children (including women whose children are in custody of the State).

- Texas residents who meet criteria for SUD services and who meet The Diagnostic and Statistical Manual of Mental Disorders, Volume 4, Text Revisions (DSM-IV-TR) criteria for substance abuse or dependence diagnoses.
- **Priority populations** within Outpatient Treatment Services whom must be admitted immediately. These are:
 - Pregnant injecting individuals must be admitted immediately
 - Injecting Drug Users must be admitted within 14 days of referral

Eligibility and enrollment into services will determined by *Client Eligibility; Clinical Eligibility*; and *Program Eligibility* under the facilities approved licensure. Services and schedules for *TRA*, *TRY*, & *TRF* will be structured specifically for the targeted populations served.

<u>Service Area:</u> Services are provided at licensed sites of Wellness Pointe in Longview and Marshall. **Region 4**: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Risk, Smith, Titus, Upshur, Van Zandt, Wood.

How To Access Services:

Can request more information about enrolling to participate by phone, email, or visiting website, or fax

Program Name	Contact Person and Information
Outpatient Treatment Services- Youth/Adults/Specialized Female	Louis Johnston- Clinical Program Staff
	Office Contact: (903) 212-4674 or (903) 758-2610 ext 4674 Fax: (903) 248-9139
	Email: Louis.Johnston@wellnesspointe.org Office located at Wellness Pointe main campus: 1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices.
Outpatient Treatment Services- Youth/Adults/Specialized Female	Clinical Program Staff– Krystal Fetting
	Office Contact: (903) 212-4673 or (903) 758-2610 ext 4673 Fax: (903) 248-9139 Email: Krystal.Fetting@wellnesspointe.org Office located at Wellness Pointe main campus: 1107 East Marshall Ave. Bldg. #2 www.wellnesspointe.org/socialservices.

^{**}Must have children, can be grandparent; stepmother; foster parent to be eligible.

WP Social Services Resource Directory 2020-2021

Women, Infants, and Children - WIC



WIC Services

WIC- Women, Infants, & Children Programming- WIC safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, nutrition education (including breastfeeding promotion and support), and referrals to health and other social services helps women and children to have access to healthy foods.

<u>WIC Purpose</u>: To provide supplemental food benefits, nutrition education, and counseling to enhance good health care at no cost to low-income pregnant and postpartum women, infants, and children identified to be a nutritional risk.

Focus Areas: • Maternal and Child Health • Supplemental Nutrition • nutrition education • referrals to community resources • food insecurity • baby formula.



Women, Infants, and Children (WIC) Services

 The Special Supplemental Nutrition Program for Women, Infants, and Children is a federal assistance program of the Food and Nutrition Service of the United States Department of Agriculture for healthcare and nutrition of low-income pregnant women, breastfeeding women, and children under the age of five.



WIC Services

- · WIC helps to buy many of the healthy foods.
- The WIC foods on monthly food package are low in fat, high in fiber to help get important nutrients, and promote a healthy weight.
- One-on-One Nutritional Counseling
- Breastfeeding Education Classes
- Nutrition Education Classes
- · Assistance with Baby Formula



Referrals

 Provide referrals to other community resources – medical referrals for mother and child; mental health counseling; legal counsel; housing; support groups; and child welfare and family services.

WIC Services Continued

<u>Eligibility to apply for WIC</u>: WIC is open to many incomes and families. If you are on Medicaid, TANF, or SNAP you meet the income eligibility guidelines for WIC. If you do not qualify for these programs, you may still qualify for WIC by meeting the income guidelines for your household. The following individuals are able to receive WIC benefits:

- Pregnant Women
- Breastfeeding Women
- Infants
- Families with children younger than 5 years old
- Women who had a baby within the last six months
- Parents, step-parents, guardians, and foster parents of infants and children who are younger than 5

Service Area: Gregg County. Currently have (1) Longview location and (1) Kilgore location.

Services Provided: Services offered through WIC includes:

- Healthy food
- · Breastfeeding support
- One-on-one counseling with nutritionists
- Recipes & cooking demonstrations
- Nutrition classes

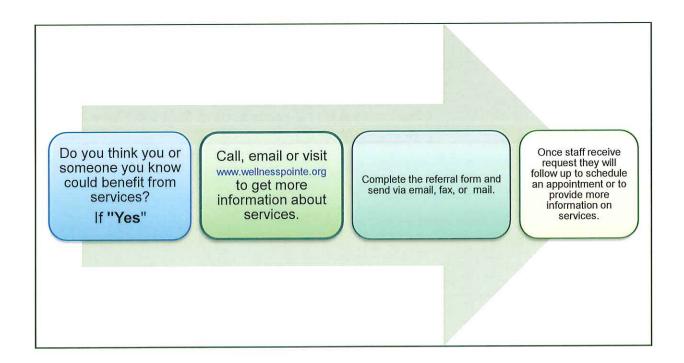
How to Access Services:

Anyone can request more information about enrolling to participate by phone, email, fax, or visiting https://texaswic.org or 1-800-942-3678.

Program Name	Contact Person and Information
WIC	Scherry Barnes- WIC Director
Longview Site	Office Contact: (903) 212-4835 or (903) 758-2610 ext 4835 Fax: (903) 757-2142 Email: Scherry.Barnes@wellnesspointe.org Office located at 2430 S. High St. Suite C3, Longview www.wellnesspointe.org
Longview Site Manager	Eleazar Ruiz Office Contac: (903) 212-4849 Email: Eleazar.Ruiz@wellnesspointe.org Office located at 2430 S. High St. Suite C3, Longview www.wellnesspointe.org

Kilgore Site	Office Contact: (903) 212-4855 or (903) 758-2610 ext 4855 Fax: (903) 757-2142 Email: Scherry.Barnes@wellnesspointe.org Office located at 1711 S. Henderson Blvd. Suite 500, Kilgore www.wellnesspointe.org
Kilgore Site Manager	Hilda Luna Office Contact: (903) 212-4859 Fax: (903) 757-2142 Email: Hilda.Luna@wellnesspointe.org Office located at 1711 S. Henderson Blvd. Suite 500, Kilgore www.wellnesspointe.org

How To Access Services



<u>Referral Form</u> — Copy the attached referral if you or someone you know are interested in services or would like to request additional information. Referral may be submitted via email, fax, or postal services.

*You **DO NOT** have to be a patient of Wellness Pointe to access services.



PH (903) 758-0260

FAX (903) 212-7692 www.wellnesspointe.org

PH 1-800-811-6648

Referral Request for Services

D-f	0.4.40
Referring Agency:	Contact Person:
Address:	
Phone:	Email:
Individual/Person Be	ing Referred Information:
Check who is being	referred for services: Parent Child Both
Client Name	D.O.B//Age
Gender: Female	Male:
Race/Ethnicity:	aucasian □ African American □ Hispanic □ Other
Parent/Guardian Nan	ne:
Address:	
Phone:	(Alt.)
Please select the serv	rices you are interested in or would like to enroll.
Texas Home Visiting	Program:
☐ Nurse Family Part ☐ Home Instruction ☐ Parents As Teacher	for Parents of Preschool Youngsters (HIPPY)
☐ Strengthening Far	milies Program (SFP) *(Family Focused children ages 12-16)
☐ Too Good For Dru	ıgs
☐ Positive Action	
☐ Parenting Awaren	ess & Drug Risk Education Services (PADRES)* formerly PPI

□ SA Outpatient Treatn□ Adolescents (Youth)□ Adults□ Specialized Females	nent:		
☐ Pregnancy Resource	Services	THE PARTY OF THE P	
☐ Women, Infants, & Cl	hildren (WIC)	Tol Jesupan lana	TON.
Reason for Referral:			
Reason for Referral:	☐ Behavioral Issues	☐ Probation/Parole	☐ Court Ordered
	☐ Behavioral Issues ☐ Substance Misuse	☐ Probation/Parole ☐ CPS Involvement	☐ Court Ordered ☐ Problematic family relations
□ Prenatal/Pregnancy	**************************************	Will contribute transfer colored solutions	

OR

Mail to:

Wellness Pointe Social Services 1107 East Marshall Ave. Longview, Texas 75601